

Health and Social Care Work

H&S Work

Week Begin	Year 11	Year 10	Year 9	Year 8	Year 7
8th Jan	MAINTAINING A HEALTHY LIFESTYLE Unit: Healthy lifestyles: Choices approaching adulthood KS4 RSHE (PSHE) Oak National Academy (thenational.academy)	PSA- continue work on PSA			
15th Jan	PHYSICAL ACIVITY AND POSITIVE MENTAL WELLBEING Unit: Healthy lifestyles: Choices approaching adulthood KS4 RSHE (PSHE) Oak National Academy (thenational.academy)	PSA- continue work on PSA			
22nd Jan	BEING A DONOR Unit: Healthy lifestyles: Choices approaching adulthood KS4 RSHE (PSHE) Oak National Academy (thenational.academy)	PSA- continue work on PSA			
29th Jan	PREGNANCY SIGNS AND TESTING Unit: Intimate sexual relationships: Pregnancy and parenting KS4 RSHE (PSHE) Oak National Academy (thenational.academy)	PSA- continue work on PSA			
5th Feb	ABORTION Unit: Intimate sexual relationships: Pregnancy and parenting KS4 RSHE (PSHE) Oak National Academy (thenational.academy)	PSA- continue work on PSA			
Half term					
19th Feb	PREGNANCY Unit: Intimate sexual relationships: Pregnancy and parenting KS4 RSHE (PSHE) Oak National Academy (thenational.academy)	PSA- continue work on PSA			
26th Feb	LABOUR Unit: Intimate sexual relationships: Pregnancy and parenting KS4 RSHE (PSHE) Oak National Academy (thenational.academy)	PAS- Continue work on PSA			
4th Mar	MISCHARRIAGE AND STILL BORN Unit: Intimate sexual relationships: Pregnancy and parenting KS4 RSHE (PSHE) Oak National Academy (thenational.academy)	ALCOHOL, DRUGS AND SEX Unit: Intimate relationships: Reproductive health and impact of alcohol and drugs KS4 RSHE (PSHE) Oak National Academy (thenational.academy)			



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11th Mar	ALETNATIVE WAYS OF HAVING A BAY Unit: Intimate sexual relationships: Pregnancy and parenting KS4 RSHE (PSHE) Oak National Academy (thenational.academy)	FERTILITY AND REPRODUCTION Unit: Intimate relationships: Reproductive health and impact of alcohol and drugs KS4 RSHE (PSHE) Oak National Academy (thenational.academy)			
18th Mar	MAINTAINING A HEALTHY LIFESTYLE Unit: Healthy lifestyles: Choices approaching adulthood KS4 RSHE (PSHE) Oak National Academy (thenational.academy)	FERTILITY AND INFERTILITY Unit: Intimate relationships: Reproductive health and impact of alcohol and drugs KS4 RSHE (PSHE) Oak National Academy (thenational.academy)			
Easter					
8th Apr	PHYSICAL ACTIVITY AND POSITIVE MENTAL WELLBEING Unit: Healthy lifestyles: Choices approaching adulthood KS4 RSHE (PSHE) Oak National Academy (thenational.academy)	EVERYDAY STRESS TRIGGERS WE CAN TRY TO CONTROL Unit: Mental wellbeing: Impact of our actions on mental health KS4 RSHE (PSHE) Oak National Academy (thenational.academy)			
15th Apr	BEING A DONOR Unit: Healthy lifestyles: Choices approaching adulthood KS4 RSHE (PSHE) Oak National Academy (thenational.academy)	ISSUES WITH SCHOOL WORK Unit: Mental wellbeing: Impact of our actions on mental health KS4 RSHE (PSHE) Oak National Academy (thenational.academy)			
22nd Apr	Independant revision using revision guide and work booklets- focus on areas of weaknesses	IMPACT OF DRIGS AND ALCOHOL Unit: Mental wellbeing: Impact of our actions on mental health KS4 RSHE (PSHE) Oak National Academy (thenational.academy)			
29th Apr	Independant revision using revision guide and work booklets- focus on areas of weaknesses	BULLYING Unit: Mental wellbeing: Impact of our actions on mental health KS4 RSHE (PSHE) Oak			



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		National Academy (thenational.academy)			
6th May	Independent revision using revision guide and work booklets- focus on areas of weaknesses	VIOLENCE AND AGGRESSION Unit: Mental wellbeing: Impact of our actions on mental health KS4 RSHE (PSHE) Oak National Academy (thenational.academy)			
13th May	Independent revision using revision guide and work booklets- focus on areas of weaknesses	WHAT IS ADDICTION?Unit: Drugs and alcohol: Addiction and alcohol dependency KS4 RSHE (PSHE) Oak National Academy (thenational.academy)			
20th May	Independent revision using revision guide and work booklets- focus on areas of weaknesses	HOW ADDICTION AFFECTS PEOPLE? Unit: Drugs and alcohol: Addiction and alcohol dependency KS4 RSHE (PSHE) Oak National Academy (thenational.academy)			
Half term					
3rd June	GCSE Exams	ADDICTION TO SPECIFIC DRUGS Unit: Drugs and alcohol: Addiction and alcohol dependency KS4 RSHE (PSHE) Oak National Academy (thenational.academy)			
10th June	GCSE Exams	CONSEQUENCES OF ADDICTION Unit: Drugs and alcohol: Addiction and alcohol dependency KS4 RSHE (PSHE) Oak National Academy (thenational.academy)			
17th June	GCSE Exams	SEEKING HELP FOR ADDICTION Unit: Drugs and alcohol: Addiction and alcohol dependency KS4 RSHE			



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		(PSHE) Oak National Academy (thenational.academy)			
24th June	GCSE Exams	ALCOHOL DEPENDENCY Unit: Drugs and alcohol: Addiction and alcohol dependency KS4 RSHE (PSHE) Oak National Academy (thenational.academy)			
1st July	Left	LIMITING ALCOHOL INTAKE Unit: Drugs and alcohol: Addiction and alcohol dependency KS4 RSHE (PSHE) Oak National Academy (thenational.academy)			
8th July	Left	UNDERSTANDING GAMBLING Unit: Internet safety and harms: Gambling, debt and targeted advertising KS4 RSHE (PSHE) Oak National Academy (thenational.academy)			
15th July	Left	RESILIENCE TOWARDS GAMBLING Unit: Internet safety and harms: Gambling, debt and targeted advertising KS4 RSHE (PSHE) Oak National Academy (thenational.academy)			

